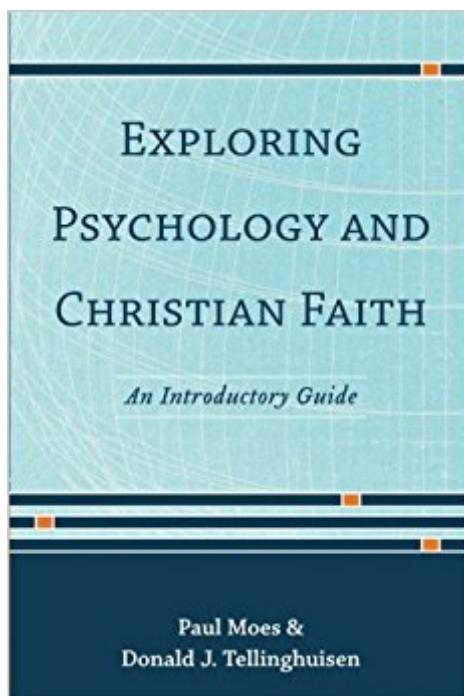


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# Exploring Psychology And Christian Faith: An Introductory Guide



## **Synopsis**

Drawn from more than fifty years of classroom experience, this introductory guide provides a coherent framework for considering psychology from a Christian perspective.

## **Book Information**

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## **Customer Reviews**

"Two accomplished teacher-scholars--neuropsychologist Paul Moes and experimental psychologist Donald Tellinghuisen--take us on a fascinating tour of intersecting big ideas from psychological science and biblical faith. By drawing on both perspectives they deepen our understanding of the 'fearfully and wonderfully made' human creature."--David G. Myers, author of Psychology and coauthor (with Malcolm Jeeves) of Psychology through the Eyes of Faith"AIMED primarily at Christian students taking college courses in psychology, this book is written in such a way that general readers will also benefit from its insights into Christian discipleship. It is well informed, up to date, and wide ranging, and the authors make a sustained effort not to sweep difficult issues under the carpet or to attain premature closure on topics still under debate."--Malcolm Jeeves, St. Andrews University; former editor in chief, Neuropsychologia"THIS solid overview of psychology from a Christian perspective uses five themes to explore a biblical view of human nature: relational persons; broken, in need of redemption; embodied; responsible limited agents; and meaning seekers. It will be a helpful supplementary text to use in introductory courses."--Siang-Yang Tan, Fuller Theological Seminary; author of Counseling and Psychotherapy: A Christian Perspective"AT long last, a fresh new voice on psychology from a Christian perspective. Moes and Tellinghuisen

clearly write from a wealth of experience guiding undergraduates in their initial encounter with psychological studies. They connect concepts with lived experience and questions of identity and purpose in a manner that is relational and accessible. I am eager to use this book with my own students. While I do not necessarily share all of the authors' conclusions and claims, the book is an invitation to a conversation and as such models the sort of thoughtful, challenging, respectful dialogue with which we hope students will become skilled."--Heather Looy, The King's University College"Exploring Psychology and Christian FaithÂ Â works as both a supplementary text in the classroom and a good general read for anyone interested in a Christian view of human nature through the lens of psychology. This is an integrated, organic approach that helps readers understand their Christianity and their psychology better. Well done!"--Everett L. Worthington Jr., author of *Moving Forward: Six Steps to Forgiving Yourself and Breaking Free from the Past*

Paul Moes (PhD, Texas Christian University) is professor of psychology at Calvin College in Grand Rapids, Michigan. He previously taught at Dordt College for eighteen years. He has written about Christian approaches to understanding brain function, personal responsibility, and human nature. Donald J. Tellinghuisen (PhD, University of Iowa) is professor of psychology, also at Calvin College. He previously taught at Augustana College. He has published research on attention and distractibility as well as human decision making. Moes and Tellinghuisen have taught psychology for more than fifty years combined.

Great

We used this in my intro to psych. I think the authors did a good job showing multiple sides to different theories. A nice, easy read that holds your attention, especially when read chapter to chapter over a semester. They covered quite a bit of material, giving actual examples and references without getting dry.

Read this book as a part of a psychology and Christian faith class, definitely provided good insights and ways of "blending" a science based subject with Christianity.

Excellent book - would love to use it as a text in a class, if I taught one in this area - maybe for our capstone class? Well written and easy to understand.

Awesome

excellent

Came in just as described thank you so much!

Psychology in our era has come to dominate so much of our lives. Almost everyone who has lived in the modern era knows some things about it. The fight between psychology and the church has also not been settled definitely yet. As someone who has been reading psychology at the undergraduate level, I have always wanted to think christianly about what I am studying. Currently, I am tilting towards the biblical counselling track, but still open to listen to what others have to say. So it was with delight when I saw the opportunity to read this book. Paul Moes & Donald Tellinghuisen has written a book that aim to be an introduction for christians studying psychology. Moes and Tellinghuisen first introduces the reader to five themes that the bibles teaches us about what man truly is. These five themes then build the basis and foundation of how the authors (and the readers) will think christianly about psychology. They would be consistently revisited and reviewed as the authors bring the readers through the various chapters. Moes and Tellinghuisen does a comprehensive work and cover most of the topics that an undergraduate will cover in their studies. They were covered in depth to allow the readers time and space to learn and think about the topics. Also, Moes and Tellinghuisen constantly help the readers think christianly about what is usually thought in the textbooks. What Moes and Tellinghuisen does well, is they do not give an one-sided approach to the topics. Often they are able to present the topics succinctly yet able to give an accurate picture of what they are about. However, there are some areas of improvement too. First, I found little statistics inside the book, far too often I find myself studying a lot of statistics that studies uses to validate their results. Next, I found the book not very balanced, I found chapters 14, 15 and 16 exceptionally well written as compared to the rest of the book, future editions should endeavour to present the rest of the chapters as exceptional as the last 3 chapters were. Lastly, although the authors constantly referred to their five themes, I find that more biblical support or if certain relevant bible verses can be referred to at the appropriate chapters would make it even better. What will make this book even better would be a short chapter either at the front or the back on the various perspectives christians approach psychology. This would be the most appropriate place for a student to explore and gain valuable insights into the different schools of thoughts. Having said all that, I would no doubt gladly

recommend this book to anyone who intends to study psychology in the future. If you intend or are currently studying psychology, this would be a good introduction for you. Be prepared to soak and learn all you can from this book before you embark onto your studies. Rating: 4 / 5 Disclaimer: I was given this book free from the publisher in exchange for an honest review.

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